



**ARCTIC GLACIER YOUTH
YA GOTTA REGATTA
July 29th, 2011**

Sailing Instructions

Organized by the Lake of the Woods International Sailing Association, (LOWISA)

Hosted by the Royal Lake of the Woods Yacht Club

Title Sponsor: Arctic Glacier Inc.

Contributing Sponsors: Pepsi Bottling of Kenora and the City of Kenora

1 RULES

- 1.1 The regatta will be governed by the *Rules* as defined in The Racing Rules of Sailing, latest edition.
- 1.2 The prescriptions of the Canadian Yachting Association will apply.
- 1.3 Only the measurement Rules of the participating classes will apply.
- 1.4 For Catamaran classes, 49er class and 29er class, Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.
 - 1.5 As an alternative to the single 360 degree turn penalty rule, it may be taken as a capsize - get the mast wet, pick-up and **keep** sailing. If, for example, a sailor inadvertently hits a mark during the race or fouls his opponent, he may take his penalty by wetting his mast. This penalty alternate may be used on any occasion, where the 360 degree penalty rule would be used.

Note: this “fun” alternative to the 360 degree turn penalty rule should not be used by multi-hulls which may be rendered inoperable by doing so, or by mono-hulls whose hulls may become swamped.

- 1.5 In cases of conflicts between these Sailing Instructions and any other document that governs the event, these Sailing Instructions shall take precedence.
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2 ENTRIES

- 2.1 No association or yacht club affiliation is required.
- 2.2 The event will be open to all classes and ages up to and including 18 years of age as at July 29th, 2011.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official club notice board located in the registration area.

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions will be posted including notification for Class 1, Class 2 and Opti simultaneous starts (see Paragraph 7.3), if required, shortly following the Competitors Meeting.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag staff at the registration desk.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the Race Signal AP.
- 5.3 When flag AP over code flag "A" is displayed, racing has been cancelled for the day.
- 5.4 Code flag "L" displayed with one (1) sound signal indicates a Notice to Competitors or a change in the Sailing Instructions has been posted at the registration desk.

6 SCHEDULE

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Skippers Meeting 1000 hrs

Assigned times: Request your Pursuit Race start time assignments at the registration desk.

Hot Start Grand Prix style start – from the RLWYC Starting Kiosk, first start, 1100 hrs.

Finish at the Kenora Harbourfront, Thistle Pavilion – **Ring the "on-land" finish bell in front of the Pavilion, to clock your time.**

Example: Opti - Portsmouth 123.6 – start time 1100 hrs

Viper – Portsmouth 73.5 – start time 1120 hrs

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Friday July 29 th , 2011	Registration	0900 hrs – 0945 hrs
	Competitors Meeting	1000 hrs
	Warning signal for the first pursuit start time	1100 hrs (Pursuit style “Hot Start” from Kiosk according to handicap...slowest boat first, fastest boat last)
	Lunch	1300 hrs in the area of the Thistle Pavilion, Kenora Harbourfront
	Awards Ceremony will commence immediately after the results compilation in the finish area of the Thistle Pavilion, Kenora Harbourfront.	

- 6.1 The warning signal will be sounded only once; at the anticipated start time of 1100 hrs for the slowest boat. The warning flag, AP, will be displayed with one (1) sound signal for at least two (2) minutes and will be lowered with one (1) sound signal one (1) minute before a warning signal of the first pursuit time.
- 6.2 The Race Committee will be on station at the finish point; the bell in front of the Thistle Pavilion, Kenora Harbourfront

7 THE COURSE

From the RLWYC docks, northward keeping Fortunes and Harris Islands to port

K19 and K17 to Starboard

K14 to port

K11 to starboard

Eastward down Safety Bay

Pass between Hospital Point and Langs Island into Kenora Bay

Pass through the orange Freestyle Judging Gates (Freestyle Tricks optional)

Finish at Harbourfront Docks

Each skipper must ring the finishing bell in front of the Thistle Pavilion to establish his time

Freestyle Event

A specific area on the course (to be identified at the Skippers' Meeting), will be designated for Free Style. The competitors will have the option of sailing by, or entering the Free Style area and tricking out for a one shot maximum of 10 seconds. A number of judges, with their clip boards, will be grooving to Michael Jackson (the music theme for the regatta), judging originality, technical execution, degree of difficulty, performance style and showmanship...each

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worth a maximum of 10 points. (5 measurements X 10 point maximum = 50 points divided by 5 (to arrive at a combined measurement) = 10 which, converts to 10 minutes, the maximum allowable time that could be deducted from a competitor's elapsed sailing time on the water. Each boat is allowed only one Freestyle entry, and if the entry is double handed or has more than 2 on board, they must all participate in the same trick, at the same time. For example: a double axel swan-dive belly flop, would score high in the originality and difficulty categories. Execution, performance style and showmanship, are more subjective. The Judges' scores will be combined and averaged. Judges' scores are final – Boo or cheer if you'd like, but they are not subject to protest.

EXAMPLE: If a contestant sailed for 90 minutes, he has the option of reducing his on the water time by the maximum points earned in his Freestyle entry which, in this example is 10 minutes; he could reduce his final pursuit time on the water score to 80 minutes.

8 MARKS

8.1 All course marks will be yellow cylindrical marks, except that:

.1 Navigational buoys as identified in instruction 7, **The Course**; and

.2 The gate to the Free Style event area will be orange spherical marks. The Free Style event area will be in Kenora Bay, just north and west of the Kenora Harbourfront Docks and the Thistle Pavilion.

8.2 New marks, as provided in Instruction 13.1, will be a yellow spherical mark.

8.3 A Race Committee boat signaling a change of a leg of the course is a mark as provided in Instruction 13.2.

8.4 A Race Committee boat will lead the Opti fleet and will fly the flag RC.

9 THE START

9.1 Race will be started in accordance with each boat's PHRF handicap. An assigned start time will be given to each individual boat.

9.2 The official source of time for the race will be that provided by the Global Positioning System (GPS).

9.3 The start line will be as described in the course instructions.

10 RECALLS

10.1 Individual Recalls

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.1 Rule 29.1 will apply for Individual Recalls.

.2 The Race Committee may attempt to notify competitor that “jumps the gun” and begins his “speed walk” early. Competitors that are over early will be hailed by description of each on the course side (OCS) competitors. Delay or failure by the Race Committee to notify OCS competitors shall not be used for grounds for redress. This totally changes Rule 41!!

10.2 General Recall:

.1 Does not apply.

11 CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark. Any mark to be rounded after the new mark may be moved to maintain the course configuration without signaling.

11.2 Any change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position.

12 THE FINISH

12.1 The finishing point shall be on land in front of the Thistle Pavilion at the Kenora Harbourfront. Competitors will clock their time by ringing the bell.

13 TIME LIMIT

13.1 If no boat properly rounds the first mark of the course within 30 minutes of her start, the race will be abandoned.

13.2 If no boat properly finishes the course within 90 minutes of her start, the race will be abandoned.

13.3 Boats failing to finish within 30 minutes of the first boat to properly finish the course of the same class will be scored Did Not Finish (DNF). This changes Rules 35 and A4.

14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available at the registration area. Protests shall be delivered there within the protest time limit.

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14.2 For all class, the protest time limit is 60 minutes after the Race Committee has returned to the registration area following the last race of the day. The same time limit applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2.

14.3 Notices will be posted within 30 minutes of the expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the registration area beginning at the times and/or order indicated in the notices.

14.4 Notices of protests by the Race Committee will be posted to inform boats under Rule 61.1(b).

14.5 Breaches of Instructions 11.4, 18, 19, and 20 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides.

14.6 After the last race of the regatta a request for reopening a hearing shall be delivered:

.1 within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

.2 no later than 30 minutes after the party requesting reopening was informed of the decision on that day.

This changes Rule 66.

14.7 Decisions of the Protest Committee will be final as provided in Rule 70.4.

15 HANDICAPPING AND SCORING

15.1 All boats will start the race at an assigned time based on their correct PHRF handicap, See Appendix – Start Times for a listing of assigned times.

15.2 The low point scoring system, rule A2, will apply.

16 SAFETY REGULATIONS

16.1 A boat that retires from a race shall notify the race committee as soon as possible.

16.2 Each boat must have a 5 metre long by 7 mm buoyant tow rope attached to its mast or an approved bow attachment at all times, except for the Mistral class, which shall have a class legal up haul.

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- 16.3 All competitors shall wear a Canadian Coast Guard-approved or Transport Canada-approved personal flotation device (PFD) of appropriate size and fit at all times while afloat. The PFD may be temporarily removed while adjusting clothing. This changes the Preamble to Part 4 of the RRS and Rule 40.1.

17 SUPPORT BOATS

17.1 Team leaders, coaches and other support personnel shall, except when asked to assist by the Race Committee, stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment, except that for those coaches who will be specifically tasked with helping the more novice sailors and even to give higher performance type advice to the mid fletcher. Coaches shall keep clear of the race leaders. This changes Rule 41.

- 17.1 All team leaders, coaches and other support boats shall they keep well clear of all boats racing and shall be cognizant of their wake at all times.

18 RADIO COMMUNICATION

- 18.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

19 PRIZES

- 19.1 Keeper trophies will be awarded to the top three (3) positions of each class where there are at least five (5) participants. Classes will include single handed, double handed and an Opti class. A keeper and traveling trophy will be awarded to the top position for best corrected time overall. The traveling trophy must be returned engraved and in good condition for next year's regatta.

20 DISCLAIMER OF LIABILITY

- 20.1 Competitors participate in the regatta entirely at their own risk. See Rule 4, *Decision to Race*.
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- 20.2 Competitors shall agree to hold harmless and keep indemnified LOWISA, the Royal Lake of the Woods Yacht Club, the Manitoba Sailing Association (MSA) and the Canadian Yachting Association (CYA), their sponsors, their organizers and their respective agents, officials, servants, and representatives, from and against all claims, actions, costs, expenses, and demands in respect to death, injury, loss or damage to the competitor's property, however caused, arising out of or in connection with Competitor's taking part in the event, notwithstanding that the same may have been contributed to or occasioned by the negligence of the same bodies, or any of them or their agents, officials, servants, or representatives. Competitors shall further understand and agree that this Release is binding upon them, their heirs, executors and assigns.

We gratefully acknowledge our title sponsor;

